**WdF SSP School Games**

**SECONDARY**

**Rule pack 2018-19**

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| **Term** | **Sport** | **Year group** | **County date** |
| Winter | Badminton | Yr 7/8/9 &  yr 10/11 | Fri 18th Jan 2019 @ Colchester Garrison |
| Table tennis | U19, U16, U13 Team  U19, U16, U13 Individual | Fri 9th Nov 2018  Sat 26th Jan 2019 both @ The BATTS centre, Harlow |
| Squash | Yr 7/8 | Fri 18th January 2019 @ Colchester Garrison |
| Spring | Sports hall athletics | Yr 7/8 | Thur 14th March @ Garons Park, Southend |
| Summer | Rounders | Girls yr 8/9  Girls yr 10/11 | TBC @ St Martins  Thur 20th June 2019 @ Saffron Walden County High |

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| **Sport** | ***Table Tennis – Individual*** |
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| **Year Group** | Under 19, 16, 13 |
| **Gender** | Girls  Boys |
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| **Team Criteria** | Individual players |
| **Format** | Matches will be played best of 3 games, 11 up changing service after every 2 points |
| **Rules** | Ages shall be reckoned as at midnight on 1st September 2018  All players must be in full time education  Suitable sports wear must be worn. **NO WHITE CLOTHING**. Tracksuit trousers not to be worn during play.  Basic Table Tennis rules apply – please refer to the ETTA Website for more details.  • A game shall be won by the player first scoring 11 points (unless both players  score 10 points when the game shall be won by the first player subsequently  gaining a lead of 2 points).  • A match shall consist of the best of any odd number of games – e.g. best of 3.  • Serving – after each 2 points the receiving player becomes the serving player.  • A good service starts with the ball resting on the palm of the servers hand, the ball  is thrown upwards, and on its way down the server strikes the ball so that it  touches first his side of the table (court) and then his opponents side of the table  (court).  • A good return – the ball, having been served, should be struck so that it passes  over the net (or around it) and touches the opposite side of the table (court).  • A let – if in service the ball, in passing over the net, touches it and is otherwise  good (i.e. goes over the net and hits the receivers side) it is a let and the service is  taken again.  The full set of laws are published by the International Table Tennis Federation (ITTF) and can be found on their Website [www.ittf.com](file://D:\..\..\rbs\AppData\Local\Microsoft\Windows\Temporary%20Internet%20Files\Content.IE5\AppData\Local\Users\brian.shaw\AppData\Local\Microsoft\Windows\Temporary%20Internet%20Files\Content.Outlook\AppData\Local\Microsoft\Windows\Temporary%20Internet%20Files\Content.Outlook\LEKRVINO\www.ittf.com)  For general playing enquires: Neil Brierley – 01279 434085 |

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| **Sport** | **Squash** |
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| **Year Group** | Yr 7 / 8 |
| **Gender** | Girls  Boys |
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| **Team Criteria** | Mixed team – consisting 2 girls and 2 boys. |
| **Format** | Competition will be run on a round robin basis; players will need to be entered by ability i.e. 1st string Girl, 2nd string Girl, 1st string Boy, 2nd string Boy.  Players will play the equivalent ranked player from opposing teams. |
| **Rules** | Teams will consist of 4 players, reserves can be used but only to replace the 2nd string girl/boy, if the 1st string girl/boy is unable to play the 2nd string must move up with the reserve moving into the lower position.  The length of matches will be determined by the number of teams competing but they will be played as point per rally scoring. Every point scored will count towards the team total.  All competitors will use a mini squash ball and will be allowed 2 serves.  Provided the serve lands on the correct side of the court and above the service line, players will be permitted serves that land short of the mid-court line.  Players will be expected to wear protective eyewear for all matches; this and the rackets will be provided. |

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| **Sport** | ***Badminton*** |
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| **Year Group** | Year 7, 8 & 9 combined  Year 10 & 11 combined |
| **Gender** | Girls  Boys |
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| **Team Criteria** | Girls team – consisting of minimum 4 / maximum 5  Boys team – consisting of minimum 4 / maximum 5 |
| **Format** | Each match will consist of 5 games: 2 x singles and 3 x doubles, with each player playing 2 games.  This is shown in the playing format for a match below:  **1st Game** - Singles (higher ranked player chosen to play singles)  **2nd Game** - Doubles (the 2 players not selected for a singles game)  **3rd Game** - Singles (second player chosen for singles)  **4th Game** - Doubles (first singles player + either one of non-singles players)  **5th Game** - Doubles (second singles player + the other non-singles player) |
| **Rules** | Teams will consist of 4 players. Reserves may be used in case of injury. If a player is injured during a game then that game is conceded, but a reserve may be substituted for further games and/or matches. A completed Team Sheet must be given to the Tournament Organiser before play starts. The players must be ranked in order of singles playing ability.  For each match a Score Sheet (provided) must be completed and signed by **both** Team Managers. Team Managers are responsible for ensuring that the results on the sheets are correct.  Group winners will be decided as follows:  Most matches won  If 2 teams are tied, the winner of the match between them  If 3 or more teams are tied, the team with greater games difference  If 2 teams are then tied, the winner of the match between them  If 3 or more teams are still tied, then the team with greater points difference  If 2 teams are then tied, the winner of the match between them  If teams are still tied, then the results will be reviewed following the match by the National Schools Badminton Championships Policy Group  Each game will be 1 set to 21 points, using Rally Points scoring, with no extended scoring or setting.  The winner of each event in each round will progress to the next round. |

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| **Sport** | ***Sportshall Athletics*** |
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| **Year Group** | Year 7  Year 8 |
| **Gender** | Mixed |
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| **Team Criteria** | Separate Year 7 girls and boys competitions with a minimum of 5 and a maximum of 8 comprising a team  Separate Year 8 girls and boys competitions with a minimum of 5 and a maximum of 8 comprising a team |
| **Format** | They may compete in a maximum of three track and two field events. |
| **Rules** | **On the track**  2 Lap Individual Race  4 Lap Individual Race  8 Lap Paarlauf  (each requiring two athletes)  6 Lap Individual Race (requiring one athlete)  Obstacle Relay  4 x 2 Lap Relay  (each requiring four athletes)  **… and in the field**  Shot  Speed Bounce  Standing Long Jump  Standing Triple Jump  Vertical Jump  (each requiring two athletes) |

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| **Sport** | ***Rounders*** |
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| **Year Group** | Separate competitions for yr 8/9 girls and Year 10/11 Girls |
| **Gender** | Mixed |
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| **Team Criteria** | Games are played between two teams.  Each squad has a maximum of 15 and a minimum of 6. No more than 9 may be on the field at anyone time.  Players once substituted may return during the game, but batters only in the position of their original number. |
| **Format** | 20 good balls  1 innings per team |
| **Rules** | **Batter**  • Wait in the backward area well away from 4th post  • If out, wait in the backward area well away from 1st post  • You will have one good ball bowled to you  • No ball if:  - Not smooth underarm action  - Ball is above head - below knee  - Ball bounces on way to you  - Is wide or straight at body  - The bowlers foot is outside the square during the bowling action  - You can take or run on a no ball, but once you reach 1st post you cannot return. You score in the normal way.  **Scoring**  • 1 Rounder if ball is hit and 4th post is reached and touched before next ball is bowled 1 Rounder if ball is hit and 4th post reached on a no ball (you can’t be caught out)  • ½ Rounder if 4th post reached without hitting the ball  • ½ Rounder if ball is hit and 2nd post reached and touched before next ball is bowled - but if you continue this run and are put out before reaching 4th post, the score will be nullified  • Penalty ½ Rounder for an obstruction by a fielder  • Penalty ½ rounder for 2 consecutive no balls to same batter  • 1 Rounder for a backward hit if 4th post reached (you stay at 1st while ball is in the backward area)  **Out when**  • Caught  • Foot over front/back line of batting square when hitting the ball  • Running outside the batting box or into the fielding square  • The post you are running to is stumped  • You lose contact with post during bowlers action when he has possession in the square  • You obstruct (you have right of way on track only)  **Running around the track (please carry the bat)**  • If you stop at a post you must keep contact with the post, with hand or bat. If you don’t the fielding side can stump the following post to put you out  • You can run on to a post even if it has been previously stumped (you don’t score if the post immediately ahead has been stumped)  • When the bowler has the ball in his square you cannot move on, but if you are between posts you can carry on to the next  • You cannot have two batters at a post. The Umpire will ask the first to run on when the second one makes contact  • At a post you do not have to move on for every ball bowled |